

The Three Rules

These rules are designed to *stop sibling fighting and violence*. Note to Parent: avoid playing the role of "Judge." If you do, your children will always be in competition to see who is the favorite by noticing who is punished and who is vindicated.

Rule #1: No Hurting, which means no hitting, no slapping, no kicking, no punching, no pinching, no anything that causes your brother or sister to cry.

Rule #2: No Disturbing your Parents with the noise of your fighting. Settle your arguments together without breaking this rule. Tattling breaks this rule.

Rule #3: IF either Rule #1 or Rule #2 is broken, both kids go to their rooms for a minimum of 5 minutes. Kids must be quiet and calm before they are allowed out of their rooms. **No exceptions.**